

# Focusing on the NECK to Treat MIGRAINES

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Migraines are a debilitating condition that affects **36 million Americans**

*according to:  
the Migraine Research Foundation*

Recent studies link **Headache Pain to Nerve Irritation**

These severe headaches can be especially debilitating for those who suffer from what are known as **NECK MIGRAINES**

Many patients spend days in bed at a time and are shackled to chronic prescription drugs in order to survive or to find fleetly relief.



Severe **MIGRAINE** pain may actually originate from nerves in the back of the **NECK**

Migraines rank in the **top 20 of the world's most disabling medical illnesses.**

*according to:  
the Migraine Research Foundation*

A Study found a connection between muscle tension at the base of the neck and headaches.

*Conducted at the University of Maryland*

**Chiropractic Care is Here to Help**

Many patients who experience headaches and migraines notice pain and stiffness stemming from the neck.

Chiropractic care doesn't just serve as a treatment to pain that already exists.

*Your body will continue to heal after chiropractic adjustments and you will want to continue to train your vertebrae to hold healthy positions. Your nervous system will start to function more efficiently and your body*